Discontinuing ABA services on ­­­­­­­­­­­­­­DATE

To whom it may concern,

CLIENT received applied behavior analytic services from Applied Behavioral Mental Health Counseling (Applied ABC). His/Her treatment plan was written by BCBA, BCBA. CLIENT received services from an ABA therapist for approximately 6 hours/day. Due to CLIENT progress, this correspondence serves as a transition and follow-up plan. Transition services are outlined below.

**Current Maladaptive behaviors:**

**Current Skill Acquisition Programs:**

Summary:

**Current Parent Training Goals:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Goal** | **Baseline Performance**  **with Date** | **Previous Assessment Performance** | **Current Performance** | **Mastery Criteria** | **Target Mastery Date** | **Methods to be Utilized** |
|  |  |  |  |  |  |  |

Summary of Parent Training Goals:

The following behavior intervention plan has been successful in decreasing and maintaining low rates of maladaptive behavior.

**Behavior Intervention Plan**

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| --- |
| **Target Behavior:**  **Definition:**  **Hypothesized Function:**  **Example**:  **Non- example:**  **Antecedents:**  **Treatment Setting:**  **Proactive Strategy:**  **Reactive Strategy:** |

As mentioned, the final date of services will be DATE. The following schedule has been outlined to slowly titrate services until the last date mentioned previously. This plan will be adjusted if needed if resurgence or regression occurs. During this time, the BCBA will monitor closely to ensure any changes needed are done so and communicated in a timely manner.

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| --- | --- | --- | --- | --- | --- | --- |
| **Transition/Step Down Plan** | | | | | | |
| *The overall goal of ABA therapy should reflect generalization of skills across individuals and environments to allow step-down in intensity of behavioral programming. As a part of this, parents and caregivers should be engaged in transition planning and supported in training on how to address behavioral excesses and skill acquisition independent of professional support. Criteria needs to be individualized, measurable, age appropriate, achievable. Focus of discharge goals should be the specific skills the member needs to be successful after services end* | | | | | | |
| Level | Date | Hrs/W | Criteria | 1:1 Reduction | Supervision | CT Increase |
| *Ex. 1.* | *Ex. 1/1/23* | *Ex. 15* | *Ex. Reduction in behavior by 50% of baseline sustained over 3 months* | *Ex. Reduction by 2 hours per week of direct therapy* | *Ex. Reduction by .25 hours per week* | *Ex. Caregiver Training Increase of .5hr/week* |
| *Ex. 2.* | *Ex. 8/12/21* | *Ex. 12* | *Ex. Reduction in behavior maintained and FCT is used in 80% of opportunities* | *Ex. Reduction by 4 hours per week of direct therapy* | *Ex. Reduction by .25 hours per week* | *Ex. Caregiver Training Increase of .5hr/week* |
| *Ex. 3.* | *Ex. 2/12/22* | *Ex. 8* | *Ex. Reduction in behavior maintained and FCT maintained* | *Ex. Recommended exit of services* | *Ex. Recommended exit of services* | *Ex. Recommended exit of services* |
| 1. |  |  |  |  |  |  |
| 2. |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |

To support the transition process, a list of resources has been provided to the family. This list has been individualized to CLIENT, his location, and current skills and deficits.

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| **BCBA Name and Credentials** |  |
| **BCBA Signature** |  |
| **Date** |  |